



Dead2Red Cycling Race

INSTRUCTIONS, RULES & REGULATIONS

The Ayla Dead2Red Cycling race covers a distance of 200km starting from Ghor Safi, on the shores of the Dead Sea and ending at Ayla Oasis Resort at the Red Sea. Cyclists can participate in this event as solo cyclists or in teams of 3 or 5 and must complete the distance in 10 hours.

This is a fun, challenging, and exciting event. We rely on the honesty of each individual/team to participate within the rules of this event. Safety is of the utmost importance and we strive to maintain a safe environment throughout the duration of the event. **Your cooperation in observing our safety rules is expected and appreciated, regardless of whether you are a cyclist, supporter, driver, sponsor, media representative or any other party involved in the event.**

In order to ensure the safety and security of all those involved in this race, we have created some necessary rules and regulations. We trust that these will ensure your safety and security, without affecting your performance, adding any extra burden on you or taking the fun out of this unique event!

The environment and the beauty of our country are important to us. Please respect nature and do not litter along the race route. We will be providing trash bags and bags for recyclables to each team. (Please note that in Jordan the following items qualify for recycling: plastic, paper, and cans. Tetra-pak and glass containers are currently NOT recyclable in Jordan). Kindly collect your trash in the appropriate bags and keep them **inside** your support vehicle to be disposed of at the finish line or in any dumpsters along the route. As in last year's event, we will be collecting recyclables at the finish line. We appreciate your support in protecting our planet.

All SOLO Cyclists will start the race at 5:30AM Sharp.

All Other Cycling Categories will start at 6:00 AM Sharp.

Cyclists have 10 hours to complete the 200-kilometer race distance.

SOLO Cyclists must complete the distance by 3:30PM.

All Race Activities will end at 4:00 PM Sharp on Friday.

All participants should be present at the starting point no later than 3:30 AM on Friday morning. PLEASE NOTE THAT THE CHECK-IN TABLES AT THE START LINE WILL CLOSE AT 5:15AM SHARP. IF YOU ARRIVE AFTER THIS TIME, YOU WILL NOT BE ALLOWED TO COMPETE.

ALL TEAM MEMBERS AND SUPPORTERS/DRIVERS must report for the final check-in at the Starting Point. Please make sure ALL your team members and supporters/drivers complete the final check-in TOGETHER AT THE SAME TIME. Bicycle tags, car tags, timing chips, bracelets and Bib numbers will all be distributed at the Start Line Final Check-In. Any participant/team who does not sign in will not be considered as officially participating in the race.

YOU MUST PRESENT PERSONAL IDENTIFICATION (I.D. CARD, PASSPORT or RESIDENCY) AT FINAL CHECK-IN. IF NO PERSONAL IDENTIFICATION IS PRESENTED YOU WILL NOT BE OFFICIALLY REGISTERED IN THE RACE.

You must bring your bicycle with you to the final check-in at the Starting Point to be verified according to the Cycling Category you have entered.

CYCLING CATEGORIES:

There are three main Cycling Categories. You may participate in any category as Solo, Team of 3 or Team of 5. The categories are:

ELITE: The following must register in the Elite category:

- Any cyclist who currently is or has been a member of the Jordan Cycling Federation, National Cycling Team, Federation Cycling School, the Cycling Clubs registered with the Cycling Federation and/or a member of ANY federation which includes cycling, at any time during the two years immediately preceding this event.
- Any solo cyclist who finished the Ayla Dead2Red Cycling Race in the previous year with a time under 6 ½ hours MUST register within the Elite category.
- Any cyclist who currently is or has been a member of the national cycling federation or national cycling team in their home country at any time during the two years immediately preceding this event.
- Any team (3 or 5) with **one or more** Elite cyclists as defined above.
- **Please note that if an Elite cyclist/team is found to have registered in a different (non-Elite) category, the following action will be taken:**
 - **Up until race day, the cyclist/team will be allowed to compete but the category will be adjusted to elite.**
 - **After race start, the cyclist/team will be disqualified.**
 - **After race closure, the cyclist/team will be disqualified and their results will be voided.**

ROAD BICYCLES: Any cyclist using a Road Bicycle, or any team (3 or 5) using at least one Road Bicycle, must register in this category. Any team (3 or 5) with one or more Elite cyclists must register in the Elite category.

OPEN BICYCLES: Any cyclist using a Mountain Bicycle, Hybrid Bicycle or a Bicycle equipped with Shock Absorbers must register in this category. Any bicycle equipped with at least one tire sized less than 1.95 inches will be considered under the Road Bicycle Category. Any Team (3 or 5) using at least one Road Bicycle or one bicycle with at least one tire sized less than 1.95 inches will be considered under the Road Bicycles Category. Any team (3 or 5) with one or more Elite cyclists must register in the Elite category.

IMPORTANT:

- This event is for single rider bicycles only.
- Bicycles must be SOLELY propelled by the rider's legs.
- THE FOLLOWING ITEMS ARE BANNED FROM THIS EVENT:
 - Time Trial bicycles
 - Tandem bicycles
 - Bicycles with any mechanisms to store or release energy
 - Bicycles with aerobars
- The starting line-up will be as follows:
 - Solo Cyclists: Elite category at the front, Road Bicycles next and then Open Bicycles (Starting time 5:30AM)
 - All Teams: Elite category at the front, Road Bicycles next and then Open Bicycles (Starting time 6:00AM)
- We are using an electronic timing device for this race. Participants' official time will be considered the chip time.
- Initial race results may be released as cyclists cross the Finish Line, however please note that the Official Results will not be posted until after the Race closes.

CYCLISTS:

Race Bracelets, BIBS and Bicycle Tags:

1. Race Bracelets will be affixed by an Organizer to the participant's left wrist at the Start Line. If for any reason the Race Bracelet is lost or damaged during the race, a marshal must be notified immediately. Any cyclist caught not wearing the official Race Bracelet will be disqualified and cause his/her team to be disqualified immediately.
2. Bib Numbers will be given out at the Start Line during Final Check-In. Please note that the Bib must be pinned to the BACK of the cyclist's shirt. If the cyclist chooses to change shirts during the race, he/she is responsible to move the Bib number to the back of the new shirt. Any cyclist caught not wearing the Bib Number will be disqualified and cause his/her team to be disqualified immediately.

3. **Bicycle Tags will be given out at the Start Line during Final Check-In.** You must use the number/sticker provided and fix it on your bicycle in an obvious manner. **Any cyclist caught without an official Bicycle Tag will be disqualified and cause his/her team to be disqualified immediately.**

Safety:

1. **HELMETS ARE MANDATORY.** Any cyclist caught not wearing a helmet, whether he/she is warming up or actually racing, will be disqualified and cause his/her team to be disqualified immediately.
2. **Reflective and high-visibility colors are highly recommended.** Safety Reflective Vests are not required during this race, but we highly recommend the use of reflective items or high-visibility colors on your person and/or bicycle.
3. **Lights on bicycles or cyclists are prohibited** as they can impair the vision of other participants.
4. **PLEASE NOTE THAT FOR YOUR SAFETY, HANGING ONTO VEHICLES FOR A PULL IS ABSOLUTELY PROHIBITED.** **Any cyclist caught hanging on a vehicle will be disqualified and cause his/her entire team to be disqualified immediately.**

Drafting:

1. Drafting among cyclists registered in the AYLA Dead2Red Cycling Race is allowed, however, drafting behind vehicles is totally prohibited.
2. Drafting behind cyclists who are not officially registered in the AYLA Dead2Red Cycling Race or behind cyclists who have dropped out of or have been disqualified from the race is strictly prohibited.
3. Please be sure to remain in the lane of travel at all times. You may not use the oncoming/opposite lane on the road. You must stay in one lane only which is the lane in your direction of travel.

Anyone caught drafting behind vehicles, drafting behind cyclists not officially and actively registered in the race, or using the opposite lane will be disqualified and cause his/her entire team to be disqualified immediately.

Receiving Support – if cyclist is within peloton:

1. **For safety purposes and to prevent congestion during the race, feeding/receiving water from the support cars will be prohibited during the first 30km and the final 20km of the race.** The Race Director/Front Marshal will inform participants when feeding is permitted after the start of the race. No feeding will be permitted after passing the Customs upon entry into Aqaba.

2. **To receive food or water from a support vehicle, the cyclist must drop to the back of the peloton and signal the Race Director** (immediately behind the peloton). The Race Director will instruct the appropriate support car to move forward and provide the necessary support. The cyclist may receive food or water from the right side of their support vehicle only.
3. To receive mechanical assistance from a support vehicle, the cyclist must drop to the back of the peloton and signal the Race Director (immediately behind the peloton). The Race Director will instruct the appropriate car and the cyclist may pull to the right side of the road and await assistance from the support car.

Receiving Support – if cyclist is not within peloton:

1. **For safety purposes and to prevent congestion during the race, feeding/receiving water from the support cars will be prohibited during the first 30km and the final 20km of the race.** The Race Director/Front Marshal will inform participants when feeding is permitted after the start of the race. No feeding will be permitted after passing the Customs upon entry into Aqaba.
2. Cyclists not within the peloton may receive food or water from the right side of their support vehicle only.

SUPPORT VEHICLES:

Please note that a maximum of ONE support vehicle is allowed for Solo cyclists and a maximum of TWO support vehicles is allowed per Team. To reduce congestion on the road, sharing support vehicles is highly encouraged. Please note that support vehicles may be shared between two or more Solos or between two Teams, however, **sharing a support vehicle between a Solo cyclist and a Team is not allowed.**

During the Team Leaders' Meeting, a random number draw will be held to determine the order of the vehicles in the start line convoy. All cars must remain in numerical order until a peloton is formed. If your cyclist is part of the front peloton, support vehicles may remain at the front of the race, keeping numerical order behind the Race Director. If your cyclist is not part of the front peloton, you may fall back as needed to support your cyclist.

Each Solo participant is allowed to have one support vehicle in their start line convoy. Each Team is allowed to have one support vehicle in their start line convoy plus another support vehicle which is not part of the start line convoy.

Peloton Convoy Vehicles:

1. Support vehicles that follow the front peloton of each race (Solos and Teams) must remain in a convoy **BEHIND** the Race Director/Front Marshal.

2. Support vehicles may drop back as needed; however, they may not drive ahead of the Race Director unless they have been instructed to do so to provide their cyclist with support.
3. Teams that have more than one support vehicle will only have one vehicle in the convoy.
4. Not driving within the designated convoy order may lead to the disqualification of the cyclist/team.
5. If your cyclist is not in any peloton, numerical order need not be followed. If another peloton is formed during the race, the support vehicles must fall into place in numerical order behind that peloton.

Car Tags:

1. Car tags will be given at the Start Line during the Final Check-in.
2. Each Solo support vehicle will receive sticker car tags which must be placed in a visible location on the front and back of their support vehicle and which indicate its position within the convoy.
3. Each Team will receive sticker car tags which must be placed in a visible location on the front and back of one support vehicle and which indicate its position within the convoy.
4. If the Team has a second support vehicle, they will receive three paper car tags indicating the cyclist/team BIB number and which must be placed in a visible location on the front and rear windshields and the right rear passenger window. (If the vehicle has tinted windows, please place the car stickers on the OUTSIDE of the vehicle).
5. If the second Team support vehicle needs to replace the first Team support vehicle within the convoy, the vehicles need to exchange their car tags.
6. Support vehicles that do not have a convoy number may drive BEHIND the convoy but may not be within the convoy at any time.
7. Disregarding the order of the convoy subjects the cyclist/team to disqualification.

Providing Support - when within the peloton convoy

1. **For safety purposes and to prevent congestion during the race, support cars will be prohibited from providing food or water to cyclists during the first 30km and the final 20km of the race.** The Race Director/Front Marshal will inform support vehicles when feeding is permitted after the start of the race. No feeding will be permitted after passing the Customs upon entry into Aqaba.
2. **The Race Director will inform the appropriate support vehicle if a cyclist needs to receive food or water.** The support vehicle may then drive ahead to the spot directly behind the peloton and in front of the Race Director. Food or water may be given to the cyclist from the right side of the support vehicle only. Once the support has been provided, the support vehicle should slow and pull to the right, allowing the Race

Director and any convoy vehicles to pass them before returning to their original assigned position within the convoy.

3. To receive mechanical assistance from a support vehicle, the cyclist must drop to the back of the peloton and signal the Race Director (immediately behind the peloton). The Race Director will instruct the appropriate car and the cyclist may pull to the right side of the road and await assistance from the support car.
4. If any cyclists break away ahead of the peloton the Race Director will determine when the lead is large enough and instruct the appropriate support vehicles when they may pass the peloton and drive behind their cyclists. If the cyclists slow down to join the peloton, the support vehicles should also slow down and pull over to the right, allowing the peloton and Race Director to pass them before returning to their original designated position within the peloton convoy.
5. If the front Team cyclists' front peloton reaches the rear section of the non-peloton Solo cyclists, then the solo support vehicles **MUST** give way and fall back behind the Team front peloton convoy of support vehicles.

Providing Support – when not within the peloton convoy

1. **For safety purposes and to prevent congestion during the race, support cars will be prohibited from providing food or water to cyclists during the first 30km and the final 20km of the race.** The Race Director/Front Marshal will inform support vehicles when feeding is permitted after the start of the race. No feeding will be permitted after passing the Customs upon entry into Aqaba.
2. If the cyclist is not within the front peloton, then the support vehicle can drive behind the cyclist.
3. Support vehicles not in the peloton convoy may drive in any numerical order unless and until another peloton is formed, at which point, support cars should assume numerical order within the peloton convoy.
4. The support vehicle may supply the cyclist with food or water through the right-side only. If the driver is alone in the vehicle, he/she should drive ahead of the cyclist, pull over and get out of the vehicle to provide the support needed.
5. Support vehicles are not allowed to drive **beside or in front of** the cyclist at any time **except** when they are handing out supplies to the cyclist and it should be done **only** from the **right side** of the vehicle.

Finish Line Loop:

The Ayla Dead2Red Cycling Race Finish Line is located inside the Ayla Oasis Resort. The final few kilometers of this race will be held within the resort. Support vehicles are not allowed to follow their cyclists through this final loop and will be directed to the designated parking area upon their entrance to the Resort. There will be marshals stationed along the final loop to ensure the safety of the cyclists and to inform officials of any assistance needed.

- **SOLO CYCLISTS:** The Race Director/Front Marshal will follow the front peloton of Solo cyclists through the final loop. Should a Solo cyclist in the front peloton require mechanical assistance that prevents them continuing within that loop, the Race Director/Front Marshal will inform the Finish Line Officials and race time for that cyclist will be recorded as the last peloton cyclist's time plus one second.
- **TEAM CYCLISTS:** There is no possibility of changing cyclists during this final stage. Please keep this in mind as you near the Ayla Oasis Resort and assign your cyclists accordingly. More than one cyclist in a team may complete the final loop together. The first member of a team to cross the Finish Line sets the Team time.

The Race Director/Front Marshal will follow the front peloton of Team cyclists through the final loop. Should a Team cyclist in the front peloton require mechanical assistance that prevents them continuing within that loop, and IF that cyclist is the ONLY member of the team within the loop the Race Director/Front Marshal will inform the Finish Line Officials and race time for that Team will be recorded as the last peloton cyclist's time plus one second. If there are other team members within the loop, the first team member to cross the Finish Line determines the team's time.

General Regulations:

1. The largest size vehicle allowed as a "Support Vehicle" is a minivan, 7 – 9 passengers or a standard size pickup truck.
2. The race route is via a major and highly-used road and most of it does not have medians or lane separators, so utmost safe driving measures should be observed at all times.
3. Drivers of support vehicles should remain cognizant of outside (non-race) vehicles that may be attempting to pass and should make way as needed.
4. **Drivers are expected to abide by all local driving laws.** No passengers should ride in the trunk of the car or in the beds of pickup trucks. Hanging out of windows, van doors and sunroofs is forbidden. Drivers are asked to drive with care at all times.
5. **The consumption of alcohol is totally forbidden along the race route. This includes drivers, participants, and accompanying persons. Anyone caught consuming alcohol during the race will cause the entire team to be disqualified. Any open alcohol container within a support vehicle will cause the entire team to be disqualified.**
6. **Any vehicle caught driving beside or in front of the cyclist other than handing out supplies will cause the cyclist and his/her entire team to be disqualified immediately.**

General Race Information:

Registration Deadline: Registration is on a first-come, first-served basis. Be sure to register early in order to guarantee the Event t-shirt size requested. No registrations will be accepted after the registration deadline. You/Your Team must have paid the registration fees in full and submitted your registration and waiver forms by this deadline to be considered officially registered. The registration link can be found on our website (www.dead2red.com). We

reserve the right to close registration after the maximum number of participants is met. The maximum number of cyclists is 300. (Please refer to the Registration Form and Important Dates and Deadlines for exact dates of this year's event).

Waivers: Each participant (whether cyclist or accompanying people) must sign an individual waiver form. **Once we receive a completed online registration in your name with the waiver box checked it means you have signed the waiver**, regardless of whether you completed the registration or someone else completed it on your behalf. **Any participant under the age of 18 years must submit a hard copy waiver signed by a legal guardian and accompanied by a photocopy of official identification of the legal guardian.** The forms can be downloaded from our website (www.dead2red.com).

Insurance: Due to the nature of this type of event, we must highly recommend that you/your team members have your doctor's permission to participate. Adventure races, such as ours on open roadways have inherent hazards that you/your team members must be aware of and prepared for. It is highly recommended to you/your team members to also have current insurance which covers you and others in case of any personal accidents. **If you decide against taking our advice, please be aware that the required signed Waiver absolves Amman Road Runners and Dead2Red Committee and all race officials from any and all accidents and claims.**

Inclement Weather Policy: Safety is our main concern during this challenging event, and weather conditions are one of the factors that we cannot control and might affect the overall safety of our participants. As the date of the event approaches, the Committee will keep a close eye on the weather conditions along the race route. The Committee will then decide whether there is a need to postpone or cancel the event. In case of a cancelled or postponed event due to inclement weather, please see the Refund Policy.

Refund Policy:

The participant(s) can receive a refund as follows:

- Should you choose to withdraw up to four weeks prior to the event start date a 100% refund of participation fees will be granted.
- Should you choose to withdraw from the event between four weeks to two weeks prior to the event start date a 50% refund of participation fees will be granted.
- **Should you choose to withdraw from the event less than two weeks from event start date no refund will be granted.**
- If the race is cancelled by the Committee due to force majeure (such as war, natural disasters, political unrest, severe weather, pandemics or endemics, or other unforeseen and uncontrollable factors) no refund of participation fees will be granted. However, participation fees can be used as a credit towards future Amman Road Runners events occurring within one year. Requests for credit must be received within one month from event cancellation. The credit can be issued in your name or in the name of someone you designate.

Withdrawals: Should you or a member of your team choose to withdraw from the race at any time, you must **immediately notify a marshal**. Your timing chip will be canceled and you will not be allowed to cycle on the race route after that point.

Cheating: This is a fun race based on the honor system. While the Dead2Red Committee does all that it can to prevent and deter cheating in this fun event, we depend on your honesty and integrity throughout the race and we expect you to try your very best to finish the 200km race distance within the allotted time of 10 hours.

Any solo cyclist or team member caught cheating in any manner will be disqualified immediately and cause his/her entire team to be disqualified. Furthermore, any solo cyclist as well as all team members will be banned from participating in all future Amman Road Runners events.

If you witness any cheating, we suggest that you videotape the cheaters in action and submit it to the Committee **immediately following the end of the race.** The Committee will review any submitted video evidence and determine whether cheating has truly occurred. If the Committee determines that a participant/team has cheated, they will be disqualified from the race and those individuals will be banned from participating in all future Amman Road Runners events.

GENERAL RECOMMENDATIONS

Packing the following items will ensure a more enjoyable race experience:

- **Be sure to pack your identification card/passport/residency/permit, etc. whether you are a Jordanian, a foreigner residing in Jordan or a visitor.**
- **If you use any kind of medication on a regular basis, please remember to bring an adequate amount with you for the entire duration of the event. Please note that there are few pharmacies along the race route and none with 24 hour service.**

Safety:

- Prior to the event, have your bicycle completely checked and tuned by a qualified bicycle technician.
- Wear reflective items.
- Bring a car mobile phone charger and your mobile phone.
- Pack a First Aid Kit. (The Civil Defense will be accompanying race participants from start to finish, but we recommend having your own First Aid Kit.)
- Carry a special bicycle tool kit, tube patching kit, extra tube, extra tire and an air pump. Please come prepared as there are no facilities to repair bicycles along the race route.

Clothing:

- Be prepared for all kinds of weather conditions:
 - Windbreakers, Sunglasses and bandanas are very helpful during dusty conditions.
 - Make sure you have a change of clothes if needed after the race.

Nourishment:

- Enough water or sports drinks for yourself and your team
- Enough food and snacks for yourself and your team

Vehicle:

- Make sure that your vehicle is in perfect working order. There are no mechanics along the road until you reach Aqaba.
- Start the race with a full tank of gas and fill up whenever you can – even if you only need a few liters. (There are three gas stations along the way before you enter Aqaba Special Zone; the Arab Potash Company Gas Station is open 24 hours but it is located just before the Starting Point. The other two gas stations will be open during the event.
- Carry a set of jumper cables in case of faulty or drained battery.
- Have your car registration documents accessible.

Bicycle:

- You are responsible for the condition and repair of your own bicycle, before, during and after the race. Therefore, please make sure you have the tools needed for repairs/punctures.