



Dead2Red Cycling Race

INSTRUCTIONS, RULES & REGULATIONS

The Ayla Dead2Red Cycling race covers a distance of 200km starting from Ghor Safi, on the shores of the Dead Sea and ending at Ayla Oasis Resort at the Red Sea. Cyclists can participate in this event as solo cyclists or in teams of 3 or 5 and must complete the distance in 10 hours.

This is a fun, challenging, and exciting event. We rely on the honesty of each individual/team to participate within the rules of this event. Safety is of the utmost importance and we strive to maintain a safe environment throughout the duration of the event. **Your cooperation in observing our safety rules is expected and appreciated, regardless of whether you are a cyclist, supporter, driver, sponsor, media representative or any other party involved in the event.**

In order to ensure the safety and security of all those involved in this race, we have created some necessary rules and regulations. We trust that these will ensure your safety and security, without affecting your performance, adding any extra burden on you or taking the fun out of this unique event!

The environment and the beauty of our country are important to us. Please respect nature and do not litter along the race route. We will be providing trash bags and bags for recyclables to each team. (Please note that in Jordan the following items qualify for recycling: plastic, paper, and cans. Tetra-pak and glass containers are currently NOT recyclable in Jordan). Kindly collect your trash in the appropriate bags and keep them **inside** your support vehicle to be disposed of at the finish line or in any dumpsters along the route. As in last year's event, we will be collecting recyclables at the finish line. We appreciate your support in protecting our planet.

**All SOLO Cyclists will start the race at 5:45AM Sharp
All Other Cycling Categories will start at 6:00 AM Sharp
Cyclists have 10 hours to complete the 200 kilometers race distance.
SOLO Cyclists must complete the distance by 3:45PM.
All Race Activities will end at 4:00 PM Sharp on Friday.**

All participants should be present at the starting point no later than 4:00 AM on Friday morning.

PLEASE NOTE THAT YOU MUST BE IN LINE FOR FINAL CHECK-IN NO LATER THAN 5:30AM. If you arrive between 5:30 and 6:00AM you will have to wait until AFTER the start of the Team Categories at 6:00AM to complete final check-in and you will start the race late. For all late starters, your starting time is the official starting time of the race.

IF YOU ARRIVE AFTER 6:00AM YOU WILL NOT BE ALLOWED TO START.

ALL TEAM MEMBERS AND SUPPORTERS/DRIVERS MUST report for final check-in at the Starting Point. Bicycle tags, Car tags, Timing chips, Bracelets and Bib Numbers will all be distributed at the Start Line Final Check-In. Any participant/team who does not sign in will not be considered as officially participating in the race.

YOU MUST PRESENT PERSONAL IDENTIFICATION (I.D. CARD, PASSPORT or RESIDENCY) AT FINAL CHECK-IN. IF NO PERSONAL IDENTIFICATION IS PRESENTED YOU WILL NOT BE OFFICIALLY REGISTERED IN THE RACE.

You must bring your bicycle with you to the final check-in at the Starting Point to be verified according to the Cycling Category you have entered.

Cycling Categories:

There are three main Cycling Categories. You may participate in any category as Solo, Team of 3 or Team of 5. The categories are:

ELITE: The following must register in the Elite category:

- Any cyclist who currently is or has been a member of the Jordan Cycling Federation, National Cycling Team, Federation Cycling School, the Cycling Clubs registered with the Cycling Federation and/or a member of ANY federation which includes cycling, at any time during the two years immediately preceding this event.

- Any solo cyclist who finished the Ayla Dead2Red Cycling Race in the previous year with a time under 6 ½ hours MUST register within the Elite category.
- Any cyclist who currently is or has been a member of the national cycling federation or national cycling team in their home country at any time during the two years immediately preceding this event.
- Any team (3 or 5) with **one or more** Elite cyclists as defined above.
- **Please note that if an Elite cyclist/team is found to have registered in a different (non-Elite) category, the following action will be taken:**
 - **Up until race day, the cyclist/team will be allowed to compete but the category will be adjusted to elite.**
 - **After race start, the cyclist/team will be disqualified.**
 - **After race closure, the cyclist/team will be disqualified and their results will be voided.**

ROAD BICYCLES: Any cyclist using a Road Bicycle, or any team (3 or 5) using at least one Road Bicycle, must register in this category. Any team (3 or 5) with one or more Elite cyclists must register in the Elite category.

OPEN BICYCLES: Any cyclist using a Mountain Bicycle, Hybrid Bicycle or a Bicycle equipped with Shock Absorbers must register in this category. Any bicycle equipped with at least one tire sized less than 1.95 inches will be considered under the Road Bicycle Category. Any Team (3 or 5) using at least one Road Bicycle or one bicycle with at least one tire sized less than 1.95 inches will be considered under the Road Bicycles Category. Any team (3 or 5) with one or more Elite cyclists must register in the Elite category.

Please note the following:

- **This event is for single rider bicycles only. No tandem bicycles will be allowed.**
- **Bicycles used during this event must be SOLELY propelled by the rider's legs. No wheel may contain special mechanisms to store or release energy.**
- **The starting line-up will be as follows:**
 - **Solo Cyclists: Elite category at the front, Road Bicycles next and then Open Bicycles (Starting time 5:45AM)**
 - **All Teams: Elite category at the front, Road Bicycles next and then Open Bicycles (Starting time 6:00AM)**
- **We are using an electronic timing device for this race. Participants' official time will be considered the chip time.**
- **Initial race results may be released as cyclists cross the Finish Line, however please note that the Official Results will not be posted until after the Race closes.**

MAKE SURE TO READ THE GENERAL RECOMMENDATIONS AT THE END

Registration Deadline:

Registration is on a first-come, first-served basis. Be sure to register early in order to guarantee the Event t-shirt size requested. No registrations will be accepted after the registration deadline. You/Your Team must have paid the registration fees in full and submitted your registration and waiver forms by this deadline to be considered officially registered. The forms can be downloaded from our website (www.ammanroadrunners.com). We reserve the right to close registration after the maximum number of participants is met. The maximum number of cyclists is 700. (Please refer to the Registration Form and Important Dates and Deadlines for exact dates of this year's event).

Waivers:

Each participant (whether cyclists or accompanying people) must sign an individual waiver form. **Once we receive a completed online registration in your name with the waiver box checked it means you have signed the waiver**, regardless of whether you completed the registration or someone else completed it on your behalf. **Any participant under the age of 18 years must submit a hard copy waiver signed by a legal guardian and accompanied by a photocopy of official identification of the legal guardian.** The forms can be downloaded from our website (www.ammanroadrunners.com).

Finish Line:

The Ayla Dead2Red Cycling Race Finish Line is located inside the Ayla Oasis Resort. The final few kilometers of this race will be held within the resort. Support vehicles will be directed to the designated parking area upon their entrance to the resort and therefore will **not** be able to drive with their cyclists for the final loop within the Resort. For teams, this means that there is no possibility of changing cyclists during this final stage. Please keep this in mind as you near the Ayla Oasis Resort and assign your cyclists accordingly. More than one cyclist in a team may complete the final loop together.

****There will be marshals stationed along the final loop, should you face any problems please inform one of them and your support vehicle will be contacted and sent through.**

Insurance:

Due to the nature of this type of event, we must highly recommend that you/your team members have your doctor's permission to participate. Adventure races, such as ours on open roadways have inherent hazards that you/your team members must be aware of and prepared for. It is highly recommended to you/your team members to also have current insurance which covers you and others in case of any personal accidents. **If you decide against taking our advice, please be aware that the required signed Waiver absolves Amman Road Runners and Dead2Red Committee and all race officials from any and all accidents and claims.**

Preventing Cheating:

The Dead2Red Committee does all that it can to prevent and deter cheating at this fun event. However, we cannot possibly fully monitor all race participants at all times. Therefore, if you witness any cheating we suggest that you videotape the cheaters in action and submit it to the Committee **immediately following the end of the race.** The Committee will review any submitted video evidence and determine whether cheating has truly occurred. If the Committee determines that a participant/team has cheated, they will be disqualified from the race and those individuals will be banned from participating in all future Amman Road Runners events.

Inclement Weather Policy:

Safety is our main concern during this challenging event, and weather conditions are one of the factors that we cannot control and might affect the overall safety of our participants. As the date of the event approaches, the Committee will keep a close eye on the weather conditions along the race route. The Committee will then decide whether there is a need to postpone or cancel the event. In case of a cancelled or postponed event due to inclement weather, please see the Refund Policy.

Refund Policy:

The participant(s) can receive a refund as follows:

- Should you choose to withdraw up to three weeks prior to the event start date a 100% refund of participation fees will be granted.
- Should you choose to withdraw from the event between three weeks to one week prior to the event start date a 50% refund of participation fees will be granted.
- **Should you choose to withdraw from the event less than one week from event start date no refund will be granted.**
- If the race is cancelled by the Committee due to force majeure (such as war, natural disasters, political unrest, severe weather, or other unforeseen and uncontrollable factors) no refund of participation fees will be granted. However, participation fees can be used as a credit towards future Amman Road Runners events occurring within one year. Requests for credit must be received within one month from event cancellation. The credit can be issued in your name or in the name of someone you designate.

Helmets:

HELMETS ARE MANDATORY. **Any cyclist caught not wearing a helmet, whether he/she is warming up or actually racing, will be disqualified and cause his/her team to be disqualified immediately.**

Race Bracelets and Official Bib Numbers:

Race Bracelets and Official Bib Numbers will be given out at the Start Line Final Check-In. Please note that the Bib must be pinned to the BACK of the cyclist's shirt. If the cyclist chooses to change shirts during the race, he/she is responsible to move the Bib number to the back of the new shirt. **Any cyclist caught not wearing the Race Bracelet and/or Official Bib Number will be disqualified and cause his/her team to be disqualified immediately.**

Safety:

1. **Reflective and high-visibility colors are highly recommended.** Safety Reflective Vests are not required during this race, but we highly recommend the use of reflective items or high-visibility colors on your person and/or bicycle.
2. **Drivers are expected to abide by all local driving laws.** No passengers should ride in the trunk of the car or in the beds of pickup trucks, hanging out of windows, van doors and sunroofs is forbidden. Drivers are asked to drive with care at all times.
3. **The consumption of alcohol is totally forbidden along the race route. This includes drivers, participants, and accompanying persons. Anyone caught consuming alcohol during the race will cause the entire team to be disqualified.**

Official Number:

You must use the number/sticker provided and fix it on your bicycle in an obvious manner. **Any cyclist caught without an official number will be disqualified and cause his/her team to be disqualified immediately.**

Support Vehicles:

Please note that a maximum of TWO support vehicles is allowed per team. The largest size vehicle allowed as a "Support Vehicle" is a Mini Van, 7 – 9 passengers or a standard size pickup truck. Accompanying / supporting vehicles are not allowed to drive **beside or in front of** the cyclist at any time ***except*** when they are handing out supplies to the cyclist and it should be done ***only*** from the ***right side*** of the vehicle. The race route is via a major and highly-used road and most of it does not have medians or lane separators, so utmost safe driving measures should be observed at all times. **Any vehicle caught driving beside or in front of the cyclist other than handing out supplies will cause the cyclist and his/her entire team to be disqualified immediately.**

You are provided with **FOUR OFFICIAL TEAM NUMBER CAR STICKERS PER VEHICLE.** You must place all stickers on ALL SUPPORT VEHICLES in the following very visible locations:

- **For most vehicles:** One on the right (passenger) side of the front windshield, one on the left (driver) side of the rear window, one on the right rear (backseat) side window and one on the left rear (backseat) side window.
- **For Single Cabin Pickups:** One on the right (passenger) side of the front windshield, one on each side of the rear window (left and right), and one on the tailgate.
- **For Double Cabin Pickups:** One on the right (passenger) side of the front windshield, one on the left (driver) side of the rear window, one on the right rear (backseat) side window and one on the left rear (backseat) side window.
- **If the vehicle has tinted windows, please place the car stickers on the OUTSIDE of the vehicle.**

Failing to place the stickers as directed above will cause your team to be disqualified.

Drafting:

Drafting among cyclists registered in the AYLA Dead2Red Cycling Race is allowed, however, drafting behind vehicles is totally prohibited. Drafting behind cyclists who are not officially registered in the AYLA Dead2Red Cycling Race or behind cyclists who have dropped out of or have been disqualified from the race is strictly prohibited. Please be sure to remain in the lane of travel at all times. You may not use the oncoming/opposite lane on the road. You must stay in one lane only which is the lane in your direction of travel. **Anyone caught drafting behind vehicles, drafting behind cyclists not officially and actively registered in the race, or using the opposite lane will be disqualified and cause his/her entire team to be disqualified immediately.**

Withdrawals:

Should you or a member of your team choose to withdraw from the race at any time, you must **immediately notify a marshal**. Your timing chip will be canceled and you will not be allowed to cycle on the race route after that point.

Cheating:

This is a fun race based on the honor system. We depend on your honesty and integrity throughout the race and we expect you to try your very best to finish the 200km race distance within the allowed time of 10 hours. Bicycles used during this event must be SOLELY propelled by the rider's legs. No wheel may contain special mechanisms to store or release energy. **Any solo cyclist or team member caught cheating in any manner will be disqualified immediately and cause his/her entire team to be disqualified. Furthermore, any solo cyclist as well as all team members will be banned from participating in all future Amman Road Runners events.**

PLEASE NOTE THAT FOR YOUR SAFETY, HANGING ONTO VEHICLES FOR A PULL IS ABSOLUTELY PROHIBITED. Any cyclist caught hanging on a vehicle will be disqualified and cause his/her entire team to be disqualified immediately.

GENERAL RECOMMENDATIONS

Packing the following items will ensure a more enjoyable race experience:

- **Be sure to pack your identification card/passport/residency/permit, etc. whether you are a Jordanian, a foreigner residing in Jordan or a visitor.**
- **If you use any kind of medication on a regular basis, please remember to bring an adequate amount with you for the entire duration of the event. Please note that there are few pharmacies along the race route and none with 24 hour service.**

Safety:

- Prior to the event, have your bicycle completely checked and tuned by a qualified bicycle technician.
- Wear reflective items.
- Bring a car mobile phone charger and your mobile phone.
- Pack a First Aid Kit. (The Civil Defense will be accompanying race participants from start to finish, but we recommend having your own First Aid Kit.)
- Carry a special bicycle tool kit, tube patching kit, extra tube, extra tire and an air pump. Please come prepared as there are no facilities to repair bicycles along the race route.

Clothing:

- Be prepared for all kinds of weather conditions:
 - Windbreakers, Sunglasses and bandanas are very helpful during dusty conditions.
 - Make sure you have a change of clothes if needed after the race.

Nourishment:

- Enough water or sports drinks for yourself and your team
- Enough food and snacks for yourself and your team

Vehicle:

- Make sure that your vehicle is in perfect working order. There are no mechanics along the road until you reach Aqaba.
- Start the race with a full tank of gas and fill up whenever you can – even if you only need a few liters. (There are three gas stations along the way before you enter Aqaba Special Zone; the Arab Potash Company Gas Station is open 24 hours but it is located just before the Starting Point. The other two gas stations will be open during the event.)

- Carry a set of jumper cables in case of faulty or drained battery.
- Have your car registration documents accessible.

Bicycle:

- You are responsible for the condition and repair of your own bicycle, before, during and after the race. Therefore, please make sure you have the tools needed for repairs/punctures.