



البوتاس العربية  
Arab Potash

# Dead2Red Relay Running Race

March 14 – 15, 2019

## NEW THIS YEAR!

- **REGULATED RUNNING DISTANCES:** The Free Style and School (Free Style) categories now have regulated distances for the first 25 kilometers of the race as follows:

Leg	Running Distance (km)	Start At km #	End At km #	Landmarks/Comments
1	4.4	0	4.4	Near Lady Lott rock formation
2	4.5	4.4	9.0	N/A
3	3.5	9.0	12.5	N/A
4	2.7	12.5	15.2	N/A
5	2.4	15.2	17.6	N/A
6	2.3	17.6	20.0	Start just before Ghor Al Haditha village
7	1.2	20.0	21.2	End at semi-marathon first interchange
8	1.6	21.2	22.8	End near Numeira Biking Trail Center/Environmental Center
9	2.6	22.8	25.4	End after traffic light, near Civil Defense and across from Jo Petrol

- After Ghor Al Mazraa, there are no restrictions on running distances. The team may select its own strategy in determining runners' distances.
- Support vehicles are not allowed to drive behind their runners for the first two legs of the race. Therefore, prior to the start of the race, only one team member should stay at the starting point and the remaining team members and their vehicles should proceed to the changeover points as follows:
  1. One vehicle which includes the second runner, can remain at the first changeover point at approximately 4.4 KM from the starting point. Once the changeover has taken place, this support vehicle should drive ahead to the third changeover point at approximately 12.5 KM from the starting point.
  2. The second support vehicle should proceed to the second changeover point at 9 KM from the starting point. Once the changeover has taken place, this support vehicle can join the first at the third changeover point at 12.5 KM from the start.



3. After the third changeover point there are no restrictions on the support vehicle locations and they are free to drive behind the runners.
- **SOLO RUNNERS:** A new category for professional long-distance runners over the age of 18 years. One runner must complete the entire 200km route within 34 hours.

### **IMPORTANT REMINDERS!**

- **SUPPORT VEHICLES:** Due to safety concerns and road congestion, each team is now allowed **TWO support vehicles ONLY.**
- **VEHICLE ENTRY:** For safety reasons, runners are **ONLY allowed to enter/exit the support vehicles from the RIGHT side of the vehicle** (unless the runner is driving). No entries/exits from hatchbacks, the back of vans or pickups, or the left side of vehicles will be accepted. **Any violation of these rules may cause the entire team to be disqualified.**
- **DRIVER SAFETY:** Drivers are expected to abide by all local driving laws. No passengers should ride in the trunk of the car or in the beds of pickup trucks, hanging out of windows, van doors and sunroofs is forbidden. Drivers are asked to drive with care at all times.
- **ALCOHOL:** The consumption of alcohol is totally forbidden along the race route. This includes drivers, participants, and accompanying persons. Anyone caught consuming alcohol during the race will cause the entire team to be disqualified.
- **MINOR WAIVERS:** Each participant must sign an individual waiver form. **Any participant under the age of 18 years must have the waiver signed by a legal guardian and accompanied by a photocopy of official identification of the legal guardian.**

### **IMPORTANT DATES AND DEADLINES**

#### **REGISTRATION:**

- To guarantee the Event t-shirt size requested, You/Your Team must register by **February 21, 2019**
- Final registration deadline for this race is Thursday **March 7, 2019**



#### **START LINE:**

- ALL TEAM MEMBERS AND SUPPORTERS/DRIVERS MUST be at the Start Line no later than **2:30PM** on Thursday **March 14, 2019** in order to report for final check-in.
- SOLO RUNNERS AND ALL SUPPORTERS/DRIVERS MUST be at their Start Line no later than **5:00AM** on Thursday **March 14, 2019** in order to report for final check-in.

#### **RACE TIMES:**

- The race starts on **Thursday March 14, 2019**
- **SOLO** race category starts at **6:00AM SHARP**
- **All categories except School Teams and SOLO runners** will start at **4:00PM SHARP**
- **School teams** start at **4:15PM SHARP**
- Teams have 24 hours to complete the race. Solo runners have 34 hours to complete the race.
- All Race Activities end at **4:00PM (4:15 PM for Schools) on Friday March 15, 2019**

#### **WITHDRAWAL REFUND POLICY:**

Should you choose to withdraw, please note that the processing fee is non-refundable. Participation fees will be refunded as follows:

- 100% refund of participation fees if withdrawal request is received no later than 21/02/2019
- 50% refund of participation fees if withdrawal request is received after 21/02/2019 and before 07/03/2019
- No refund if withdrawal request is received on or after 07/03/2019
- Refunds in the **Solo Category** will only be granted if the request is received one month prior to event start date.